

## Manhattan Doctor Announces Top 3 Myths About Fibromyalgia

*Dr. Josh Wagner, The Life House Chiropractic founder, denounces falsehoods about Fibromyalgia, announces launch of [DrJoshWagner.com](http://DrJoshWagner.com), a Fibromyalgia-specific treatment and community website -- with free "Freedom From Fibromyalgia" eBook.*

New York, NY ([PRWEB](http://PRWEB)) April 26, 2012 -- The physical and emotional pain and suffering may be very real, but the chronic pain condition now known as "Fibromyalgia" is a medically-created condition that's vastly misunderstood, misdiagnosed and most importantly for patients, often mistreated, according to Dr. Josh Wagner, founder of [The Life House](http://TheLifeHouse.com) in New York, NY.

Wagner -- who recently released his eBook "Freedom From Fibromyalgia" and Fibro-focused website [www.drjoshwagner.com](http://www.drjoshwagner.com) to address the widespread misconceptions and help sufferers find relief and healing for their condition -- explains "the term Fibromyalgia didn't even exist several years ago. It is a new condition occurring with alarming frequency now because of the intense toxicity and stress we are being exposed to in our current environments, which trigger pre-disposed individuals to express the symptoms."

Wagner – the only Manhattan chiropractor specializing in [Torque Release Technique](http://TorqueReleaseTechnique.com), a drug-free, safe and natural treatment for Fibromyalgia and other chronic pain disorders – says common symptoms such as widespread pain, cognitive impairments, fatigue, sleep disturbance, and joint stiffness are actually the direct result of a nervous system under stress or toxicity.

According to Wagner, the three biggest myths about the chronic pain condition known as Fibromyalgia include:

- **Fibromyalgia Has No Cure:** While there is no ‘magic bullet’ cure in a single pill or capsule, Wagner says significant to full-scale relief of Fibromyalgia symptoms is virtually assured when following a specific diet, cellular detoxification and cellular rejuvenation protocol, like the one he details in “Freedom From Fibromyalgia” eBook and website. “No one is born with or ‘catches’ Fibromyalgia,” says Wagner, “the very same symptoms that have been created by the body over time, can be reduced and eliminated over time.”
- **Pain Medication Helps ‘Treat’ Fibromyalgia:** Though pain-killing medication is often utilized to reduce the symptoms and suffering of Fibromyalgia, they are in no way a ‘cure’ and at best temporarily mask the symptoms, says Wagner. “Pain medication merely blocks the signals from your body to your brain so you don't experience the pain, but it never addresses solving the underlying cause of the problem in the first place”
- **Fibromyalgia is all "in your head":** Because Fibromyalgia has only in recent years been formally identified and recognized by the medical community, “too many mainstream doctors have not been educated about the condition, especially if they graduated medical school after a certain year, and because their treatment is so ineffective,” says Wagner. “Fibromyalgia certainly isn't ‘in your head’ it's in your body, in the form of toxins and stress, and that's where treatments need to start to have any success.”

Wagner was driven to create his comprehensive, easy-to-follow and innovative new website and manual -- which offers the very latest, cutting-edge protocol in natural healing solutions, including specialized chiropractic care, cellular rejuvenation, diet and menus, and toxins related to Fibromyalgia – to help the growing numbers of frustrated patients he encountered.

"So many people I've met and treated have already turned to the prescribed medications and treatments, and are still in pain," says Wagner. "But when people follow any or all of the protocol I've detailed in the eBook, they do start showing results."

DrJoshWagner.com will also feature informative new videos, updated treatment protocol, research and information, and offer a community forum for people affected by Fibromyalgia, where visitors can go for support and to share their own treatment ideas, success stories, and more.

To visit Wagner's new Fibromyalgia-focused site, go to [www.DrJoshWagner.com](http://www.DrJoshWagner.com), which also features a free, downloadable, 50-page eBook -- "Freedom from Fibromyalgia: Your Guide to Empowerment, Self-Care and Natural Healing Solutions."

For more information, contact The Life House at 212.876.3286. Also see The Life House on [Facebook](#) and [Twitter](#).

The Life House Chiropractic also helps individuals and families dealing with other conditions such as high blood pressure, chronic fatigue, anxiety, depression, migraines, attention disorders, and childhood illnesses. With Torque Release chiropractic care, whether it is an acute or chronic condition, your body will get well naturally.

**ABOUT DR. JOSH WAGNER:** Wagner is the founder of The Life House Chiropractic, and he was mentored in TRT by its founder, Dr. Jay Holder, and graduated from New York University with honors and earned his doctorate in Chiropractic at Life University in Atlanta, Georgia. Wagner is a native New Yorker raised in Chappaqua.

The Life House Chiropractic : 19 East 71st Street, Suite 5a, New York, New York 10021 : 212.876.3286 : [info\(at\)lifehousechiropractic\(dot\)com](mailto:info(at)lifehousechiropractic(dot)com) or visit <http://www.lifehousechiropractic.com>



**Contact Information**

**Josh Wagner**

The Life House

<http://lifehousechiropractic.com/>

212.876.3286

**Online Web 2.0 Version**

You can read the online version of this press release [here](#).